



The Australian Association of Family Therapy Inc.

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What do I need to know about Supervision and AAFT?

In applying for Clinical Family Therapist Membership, AAFT requires you to register your supervision arrangement prior to supervision taking place. This is so that you and your supervisor can clearly understand AAFT's expectations regarding the supervision process.

So what do I need to do?

- You will have received a Supervision Agreement in your membership Welcome Pack.
- You and your Principal Supervisor need to both sign and date a Supervision Agreement and forward this to AAFT Administration. Once the Agreement is returned, your Supervisor will also receive a package of information, outlining what is expected of the supervision process.
- You should read the "Guidelines for Supervision" sent in supervision package.
- You should read the "Keeping a Supervision Log" sent in supervision package

Are there any AAFT requirements of my Supervisor and Referee?

Yes. Both your Principal Supervisor and your referee need to have been fully financial Clinical Family Therapist Members of AAFT for at least 5 years. In exceptional circumstances, they can be deemed by the Accreditation Sub-committee to have had the equivalent. Your Principal Supervisor must have had direct experience of a minimum of five hours of your family therapy skills.

Remember, it is strongly recommended that you keep a copy of any documentation for your own records.

Once you feel you have met the Requirements for Clinical Family Therapist Membership of AAFT, contact AAFT Administration, and the Clinical Family Therapist Application forms will be sent to you; for you, your supervisor and your referee to complete.