



The Australian Association of Family Therapy Inc.

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Requirements for Clinical Family Therapist Membership of AAFT Inc.

1. Membership

It is a pre-requisite that applicants hold current financial General or Professional Membership with AAFT.

2. Training

Applicants for Clinical Family Therapist Membership of the Australian Association of Family Therapy Inc. (AAFT) should have successfully completed 250 hours of training, 175 of which should have been within a 2 year training program in family therapy that has been accredited with the Association. Once 250 hours of family therapy training have been completed, the trainee is deemed to be a Probationary family therapist and the supervision requirement for membership can begin, once the convenor of the Accreditation Committee is notified.

3. Experience

Applicants must have had at least 500 hours of family therapy practice as the primary therapist. These hours may be counted from the commencement of training. A log must be kept of families seen. This should be endorsed (signed) by a supervisor.

N.B. This should include some work with two generations in the room.

4. Supervision

- (i) Applicants must complete a total of 50 hours of supervision, either on a 1:1 basis or within a group of up to 6 supervisees. Supervision can only be accredited after completing 250 hours of family therapy training.
N.B. Group supervision must involve the active participation of all group members.
- (ii) Of the 50 hours required, a minimum of 5 of those need to have been supervised directly, that is, with the supervisor in the room, behind a one-way screen. (The remaining 45 hours can be delivered remotely via technology et. Skype/Zoom) The

applicant's work that has been supervised directly must have been with at least two different families. This work needs to have taken place following the completion of the required 250 training hours.

- (iii) Any supervisory arrangement needs to be registered with the Accreditation Committee Convenor prior to supervision taking place. Whilst more than one supervisor may provide supervision, applicants need to have registered the name of their Principal Supervisor. This person is expected to oversee that the applicant has completed a family therapy log, and met all the other requirements for Clinical Family Therapist membership.

5. Supervisor and Referee Reports

Applicants must provide reports from both a Principal Supervisor and a second referee, both of whom need to have had clinical family therapist membership of AAFT for at least 5 years or, in exceptional circumstances have been deemed by the Accreditation Committee to have had the equivalent (Click on the links below to download a copy of the Principal Supervisor's Report or a copy of the Referee's Report). Please note, a nomination for clinical membership form must also be completed.

The Principal Supervisor must have had direct experience of a minimum of five hours of the applicant's family therapy skills, as specified in 4.ii).

6. Individual Assessment

An application for Clinical Family Therapist membership of the Association will be assessed by the Accreditation Committee appointed for this purpose. The committee has the authority to accept or reject any application. Any variation to the above would need to be endorsed by this sub-committee.