

## PSYCHODYNAMIC THERAPY WITH CHILDREN, YOUNG PEOPLE AND THEIR PARENTS: FINDING MEANING NOT PATHOLOGY

A one-day workshop with Dr. Ruth Schmidt Neven PhD.  
Child Psychotherapist and Clinical Psychologist

**SATURDAY 15TH JUNE 2019 9AM – 5PM**

Hurstwood Centre 16A Toorak Road South Yarra

This one-day workshop takes as its starting point that all behaviour has meaning and is always a communication. For this reason, assessment and therapeutic communication with children, parents and young people does not commence with the uncovering of pathology but with the understanding of the meaning of their behaviour. This necessitates that we have a firm grasp of the core developmental task at different ages and stages. A focus on development and meaning making enables us to identify what constitutes the unifying experience for all children and young people, rather than what sets them apart from each other.

The recognition of a unifying developmental experience leads professionals in turn to be able to assert a set of unifying principles that inform practice and that can lead to more productive and enduring therapeutic outcomes. The Course applies this developmental approach to understanding behavioural problems in childhood and adolescence such as Attention Deficit Disorder, depression and conduct disorders. The approach further enables us to develop sound assessment, diagnostic and case management skills, promote therapeutic communication and improve inter-professional communication.

### BY THE END OF THE WORKSHOP PARTICIPANTS WILL:

- Gain insight into a psychodynamic approach to child and family development and practice.
- Have an understanding of the emotional milestones of development from birth to early adulthood and the core developmental task.
- Understand the impact of separation, loss and trauma on development and the presenting problem.
- Gain an introduction to assessment, diagnostic and case management skills.
- Recognise the importance of community connections in therapeutic work with children and young people.

### WHO SHOULD ATTEND

The one-day workshop is suitable for psychologists, psychotherapists, child psychiatrists, social workers and all mental health practitioners who work with children parents, young people and families.

### EARLY BIRD DISCOUNT

of \$20.00 before Friday 24 May 2019  
Amount Payable \$460.00 (inc. GST).

## ABOUT THE SPEAKER:

Dr. Ruth Schmidt Neven is a child psychotherapist and clinical psychologist with an international reputation. She trained at the Tavistock Clinic in London and worked for many years in child and family mental health in the UK National Health Service where she was also a pioneer in parent education. Ruth was the inaugural Chief Child Psychotherapist at the Royal Children's Hospital in Melbourne and is now founder director of the Centre for Child and Family Development. She is engaged in clinical work as well as extensive professional training throughout Australia and overseas. She has run training programmes for the University of Cambridge Child Wellbeing Forum, the University of Stellenbosch in South Africa and for NScience in London. She has been a regular contributor to training for the Melbourne Study Group of the Australian Psychological Society. Ruth's publications include *Core Principles of Assessment*



and *Therapeutic Communication with Children, Parents and Families* published by Routledge. Her book *Emotional Milestones: Development from birth to adulthood* has been in continuous publication for nearly twenty years. She is principal author of *Rethinking ADHD: An Illness of Our Time* which has been translated into Japanese. Her latest book is *Time-Limited Psychodynamic Psychotherapy with Children and Adolescents: An interactive approach*. Ruth's Ebook for parents *Growing Kids: Nurturing relationships from tots to teens* is now available in paperback.

## FEES FOR THE ONE-DAY COURSE:

**Early Bird Discount before Friday 24 May:** \$460.00

**After Early Bird:** \$480.00

Includes morning and afternoon tea and extensive notes. Lunch can be BYO or available at cafes nearby. Parking available over ground and underground in nearby Macfarlane Street.

**Discounts available for more than one person attending from an organisation.**

### For further information, contact The Centre for Child and Family Development

P.O. BOX 14600 Middle Camberwell, Victoria 3124 Website [centreforchildandfamily.com](http://centreforchildandfamily.com)

Telephone (03) 9830 0422 Email [ccfdau@ozemail.com.au](mailto:ccfdau@ozemail.com.au)

### REGISTRATION FORM: PSYCHODYNAMIC THERAPY WITH CHILDREN, YOUNG PEOPLE AND PARENTS

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Telephone ( ) \_\_\_\_\_ Facsimile ( ) \_\_\_\_\_

Email \_\_\_\_\_

I enclose the full workshop fee \$480.00 (including GST) \_\_\_\_\_ for (no. people) \_\_\_\_\_

#### **EARLY BIRD DISCOUNT \$460.00 (including GST)**

Discount available for 2 or more people from the same organisation. **Bank transfers are available contact the Centre for details.**

Please make all cheques payable to The Clinical Development Program and send with application form to:

**Centre for Child and Family Development, P.O. BOX 14600 Middle Camberwell, Victoria 3124**